



Center for Family Resilience
COLLEGE OF HUMAN SCIENCES
Discovering solutions for today's families

RESEARCH SEMINAR

From inter-generational trauma to legacies of resilience:

Post-traumatic growth and constructivist self-development in survivors of family violence

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Friday, May 15

North Hall 222, OSU-Tulsa

Simulcast to ITLE 105, OSU-Stillwater

12:15 p.m.-1:15 p.m.

Light lunch provided at both sites

Participants will:

1. Identify key concepts of post-traumatic growth and constructivist self-development theory.
2. Understand how those concepts apply to survivors of family violence.
3. Understand how these concepts can be utilized to assist families in transforming inter-generational trauma into legacies of resilience.

**For questions, please contact Dr. Amanda Harrist
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